



Spread the Bread

Homemade bread warms the heart and fills the belly. So roll up your sleeves and “bake a difference.” All hands, big and small, can join in this international project to provide basic food and messages of hope to those in need.

Here's Your Project:

Bake bread, decorate it with inspirational messages, and distribute it to an organization that helps people in need.

Supply List:

- Spread the Bread Starter Kit: www.spreadthebread.org
- Baking supplies/ingredients
- Your own bread recipe
- Cards, bows, ribbons, colored plastic wrap

How To Do It!

- 1 Reach out to the community to find volunteers to help you. Individual groups and families can make their own loaves to be donated in one large delivery.
- 2 Estimate how many loaves you will be donating.
- 3 Reach out to a community organization like a shelter, food pantry, Meals-on-Wheels, or a nursing home. Let them know the size of your donation and schedule a good time for delivery.
- 4 Bake your bread!
- 5 Collect bread, discard any undesirable loaves, decorate plain ones, prepare them for delivery.
- 6 Deliver to your community organization and thank your volunteers.

Preflection:

Before your volunteer project, ask these questions to be clear about what the goals and expectations are. If you are part of a group, talk about why you are doing a service project. Here are questions to guide your thinking or discussion:

1. Who are we helping?
2. Why are we helping them?
3. How are we helping them?
4. What are we most excited about?
5. What might be tough or challenging about our project?
6. What are everyone's jobs during the project? What do we each have to do?



Interesting Fact:
49 million people
In the U.S.,
don't know where
their next meal
will come from



Reflection:

After your volunteer project, it is important to reflect on the experience. Ask these questions or, if you are part of a group, do the Whip Around reflection activity:

Reflection Questions

1. How did our project help people?
2. Did we learn anything?
3. What worked well about our project?
4. What can we do better next time?
5. What is our next service project?

Whip Around Ball Toss:

Have your group sit or stand in a circle facing each other. One person will have a ball to toss or roll to someone else in the circle. Each person will have a chance to complete a statement about the project. The person with the ball makes a statement, and then says the name of the person they are tossing the ball to. The next person completes the statement in his or her own way, and so on. When the ball has gone around once, start a new round with a new statement. Try these:

"This project made me happy because _____."

"I didn't know I was good at _____."

"Next time we volunteer, I'd like to help _____."

Pledge this project for the **Holiday Gift Campaign** and **Hasbro** will donate a toy through **Toys for Tots** on behalf of each person helping with your project! (Up to 100,000 toys!)

PLEDGE

Resources:

Suggested Reading

Stone Soup by Jon J. Muth

A fresh twist on an old tale, this story celebrates the power of people working together.

Internet Resources

Spread the Bread – For the Spread the Bread Starter Kit:

www.spreadthebread.org

Share Our Strength – For information on childhood hunger and ways to help:

www.strength.org