



Green Holidays

Cook the meal, wash the dishes, light the lights—the holidays use up a lot of energy and water, especially if you have house guests! Make “Lights Out” and “Water Off” posters to remind your family to conserve!

Here's Your Project:

Make “Lights Out” and “Water Off” posters to remind your family to conserve energy during the holidays.

Supply List:

- Poster board or construction paper
- Erasable pencil
- Markers, crayons, or colored pencils
- Scrap paper
- Old magazines
- Scissors
- Glue
- Tape or pushpins

How To Do It!

1. Write down a couple of facts about how water and electricity use affect the environment. Anything to inspire people to conserve!
2. From old magazines, cut out a few photos that celebrate the environment. Think trees, lakes, and animals.
3. On scrap paper, do a rough draft of your poster. Write out “Lights Out” or “Water Off”, decide where to place your cut-out photos, and practice writing your facts.
4. Make your poster! Write words in pencil first. Then go over your pencil with marker, crayon, or colored pencil.
5. Hang your posters near faucets or light switches—somewhere your whole family agrees they should go! Hang with pushpins, or tape—whichever makes less of a mark on your walls.



Interesting Fact:
The average person uses about 123 gallons of water a day!



Preflection:

Before your volunteer project, ask these questions to be clear about what the goals and expectations are. If you are part of a group, talk about why you are doing a service project. Here are questions to guide your thinking or discussion:

1. Who are we helping?
2. Why are we helping them?
3. How are we helping them?
4. What are we most excited about?
5. What might be tough or challenging about our project?
6. What are everyone's jobs during the project? What do we each have to do?

Reflection:

After your volunteer project, it is important to reflect on the experience. Ask these questions or, if you are part of a group, do the Whip Around reflection activity:

Reflection Questions

1. How did our project help people?
2. How did our project help the environment?
3. What worked well about our project?
4. What can we do better next time?
5. What is our next service project?

Whip Around Ball Toss:

Have your group sit or stand in a circle facing each other. One person will have a ball to toss or roll to someone else in the circle. Each person will have a chance to complete a statement about the project. The person with the ball makes a statement, and then says the name of the person they are tossing the ball to. The next person completes the statement in his or her own way, and so on. When the ball has gone around once, start a new round with a new statement. Try these:

"This project made me happy because _____"

"I didn't know I was good at _____"

"Next time we volunteer, I'd like to help _____"



