



## Get Your Feet Wet!

Do you know what your “water footprint” is? It’s how much water you use in daily life. With World Water Day on March 22nd and Earth Day on April 22nd, now is the time to get your feet wet with water conservation and shrink your water footprint.

Why do we need water? We need to drink it to be healthy. We need it to make food. Plants need it to grow. Animals need it to live. Water makes the world go ‘round, and this project is all about making sure there is enough fresh, clean water for everyone to use. How much water do you use? More than you think! How can you help? It’s easier than you think!

### HOW TO:

1. WATCH the **Story of Bottled Water**.
2. PLAY the **Water Wiz Game** or the **World Water Day game** (play on your computer instead of printing—you’ll save water!)
3. CALCULATE your **water footprint**.
4. FIND OUT which countries have big feet when it comes to their **water footprints**.
5. ACT! Water won’t save itself. Choose the Action Option that’s right for you.

### Action Options

- **Use a reusable water bottle** instead of buying bottled water. For more reasons to kick the bottled water habit, ask a grown-up if you can watch **Tapped**, a documentary about the business side of bottled water. It’s free to watch online.
- **Eat less meat.** Meat’s a big part of the United States’ **water footprint**. Try only eating meat on the weekends like this **guy**.
- **Research sources of drinking water** and find out what you can do to **help preserve** them.
- **Do water audits** in your home and community. Use **this calculator** to help your family and friends find out how to use less water.
- **Do your own thing!** Check out **this list** for inspiration.

*Did you do this project?*

**Click here to track your service.**

You can find this form online at [generationon.org/global/big-happenings/project-month](http://generationon.org/global/big-happenings/project-month).